

Protocol Area 4 (Activity 6)

Mental Health Services
Reviewer Training
Spring 2006



HEAD START

Protocol Area 4: Mental Health Education and Intervention for Parents

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- How does the grantee ensure that parents receive mental health education on issues that place families at risk (including for pregnant women, education and referrals if needed for maternal depression and substance abuse) and other appropriate intervention, including opportunities to participate in counseling programs?

Protocol Area 4: Mental Health Education and Intervention for Parents (cont.)

- Education and Appropriate Intervention
- Mental Health Services to Pregnant Women

Education and Appropriate Intervention

- How does the program provide mental health education programs for staff and families?
- Do mental health educational activities meet the needs of staff? Parents?
- Do staff and parents find them useful?

Education and Appropriate Intervention (cont.)

- 1304.40(f)(1) -- Grantee and delegate **agencies must provide** medical, dental, nutrition, and **mental health education programs for program staff, parents, and families.**

Education and Appropriate Intervention (cont.)

- What systems are in place to ensure parents have individual opportunities to discuss mental health issues related to their child and family with program staff?

Education and Appropriate Intervention (cont.)

- 1304.40(f)(4) -- Grantee and delegate agencies **must ensure that the mental health education program provides**, at a minimum (see 45 CFR 1304.24 for issues related to mental health education):
- 1304.40(f)(4)(ii) -- **Individual opportunities for parents to discuss mental health issues related to their child and family with program staff; and**

Education and Appropriate Intervention (cont.)

- How does the program identify and continually assess services and resources that are responsive to each family's interests and goals?
- What systems are in place for parents to participate in counseling programs?

Education and Appropriate Intervention (cont.)

- How does staff know when a referral might be appropriate?
- How do parents receive information on mental health issues?
- Are there structures in place for psychiatric emergencies?

Education and Appropriate Intervention (cont.)

- 1304.40(b)(1) -- Grantee and delegate agencies must **work collaboratively with all participating parents to identify and continually access**, either directly or through **referrals, services and resources that are responsive to each family's interests and goals**, including:

Education and Appropriate Intervention (cont.)

- **1304.40(b)(1)(ii) -- Education and other appropriate interventions, including opportunities for parents to participate in counseling programs or to receive information on mental health issues that place families at risk, such as substance abuse, child abuse and neglect, and domestic violence; and**

Education and Appropriate Intervention (cont.)

- How does the agency follow-up with each family to determine whether the kind, quality, and timeliness of the services received through referrals met the families' expectations and circumstances?

Education and Appropriate Intervention (cont.)

- **1304.40(b)(2) -- Grantee and delegate agencies must follow-up with each family to determine whether the kind, quality, and timeliness of the services received through referrals met the families' expectations and circumstances.**

Mental Health Services to Pregnant Women

- How does the program ensure pregnant women have access to prenatal and postpartum care including mental health interventions?
- What structures are in place to ensure pregnant women receive appropriate mental health intervention?

Mental Health Services to Pregnant Women (cont.)

- 1304.40(c) -- Services to pregnant women who are enrolled in programs serving pregnant women, infants, and toddlers.

Mental Health Services to Pregnant Women (cont.)

- 1304.40(c)(1) -- Early Head Start grantee and delegate agencies **must assist pregnant women to access comprehensive prenatal and postpartum care**, through referrals, immediately after enrollment in the program. This care must include:

Mental Health Services to Pregnant Women (cont.)

- **1304.40(c)(1)(iii) -- Mental health interventions and follow-up, including substance abuse prevention and treatment services, as needed.**

Mental Health Services to Pregnant Women (cont.)

- 1304.40(c)(2) -- Grantee and delegate agencies must provide pregnant women and other family members, as appropriate, with prenatal education on fetal development (including risks from smoking and alcohol), labor and delivery, and post-partum recovery (including maternal depression).